

Grimes Parks & Recreation Department

Telephone: (515) 986-2143

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www.grimesiowa.gov

CITY OF
GRIMES



NEW! Summer Dance & Ballet Classes

Where: All classes are held at the Grimes Community Complex on 410 SE Main St. in Grimes.

Meet the Instructor: Elsie Franczyk was a student at the Minnesota Ballet in Duluth, MN from age 6-17 before dancing two years professionally at the Minnesota Ballet in Duluth, MN from 2006-2008. She has also taught classical ballet/creative movement there from 2004-2008 for ages 3-15. She is in Grimes for the summer to share her wealth of knowledge in dance and ballet.

Class Descriptions:

1) **Creative Movement:** Ages 3-5, Must be that age at time of class date. (Min. 4/Max. 10)

Dates: Session 1- Thursdays, June 10 – June 24 AND/OR Session 2- Thursdays, July 8 – 22

Times: 5:30 – 6:10pm OR 6:15 – 6:55pm in Room #400 (north central part of facility)

Cost: \$15 per child per session

Description: An enjoyable way for young kids to learn how to move and express themselves to music, as well as learn how to listen to instruction and apply simple correction to dancing.

2) **Ballet 1:** Ages 8-11 (Min. 4/Max. 12)

Dates: Session 1- Tuesdays/Thursdays, June 8 – June 29 AND/OR Session 2- Tues/Thurs, July 8 – 29

Time: 7:00 – 8:00pm on the Gym Stage

Cost: \$35 per child per session

Description: Basic, classical ballet technique class beginning at the barre with some simple center work, as well as learning ballet/contemporary choreography.

3) **Ballet 2:** Ages 12-15 Intermediate (Min. 4/Max 14)

Dates: Session 1- Mondays/Wednesdays, June 7 – June 28 AND/OR Session 2- Mon/Wed, July 7 – 28

Time: 6:00 – 7:30pm on the Gym Stage

Cost: \$40 per child per session

Description: classical ballet technique class beginning at the barre and moving into the center for some challenging center work, as well as learning ballet/contemporary choreography.

4) **Private Lessons:** Cost is \$30 per lesson. Please request your dates/times to the Grimes Parks and Rec.

Description: One hr lessons. Classical ballet class & ballet/contemporary choreography fit for participant.

Needed: Students should wear clothing that allows freedom of movement and allows the instructor to see the line of the body. Fitted clothing is best. For girls- athletic/yoga wear, leotards, tights/leggings and shorts and fitted t-shirts are acceptable. For boys- fitted tank tops and t-shirts are acceptable, along with leggings, shorts, or fitted sweatpants. Students should remove large or hanging jewelry and hats prior to class. Hair should be secured back and away from the face. Glasses should be secured to prevent injury. There is no gum chewing or eating allowed during class, but plastic water bottles with caps may be brought into the room.

Questions: Contact Brett Barber, Grimes Parks & Recreation Director at bbarber@ci.grimes.ia.us

To Register: Registration is available online at www.grimesiowa.gov under Parks and Recreation or call to register over the phone at 515-986-2143. Stop in and we can register for you online as well.

Grimes Parks and Recreation Office ~ 410 SE Main St.